



'They were naked and unashamed.'

GEN 2:25

Adam lay with his wife Eve, and she became pregnant and gave birth to Cain. She said, "With the help of the Lord I have brought forth a man."² Later she gave birth to his brother Abel. Now Abel kept flocks, and Cain worked the soil.³ In the course of time Cain brought some of the fruits of the soil as an offering to the Lord.⁴ But Abel brought fat portions from some of the firstborn of his flock. The Lord looked with favor on Abel and his offering,⁵ but on Cain and his offering he did not look with favor. So Cain was very angry, and his face was downcast.⁶ Then the Lord said to Cain, "Why are you angry? Why is your face downcast?⁷ If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must master it."⁸ Now Cain said to his brother Abel, "Let's go out to the field." And while they were in the field, Cain attacked his brother Abel and killed him.⁹ Then the Lord said to Cain, "Where is your brother Abel?" "I don't know," he replied. "Am I my brother's keeper?"¹⁰ The Lord said, "What have you done? Listen! Your brother's blood cries out to me from the ground.¹¹ Now you are under a curse and driven from the ground, which opened its mouth to receive your brother's blood from your hand.¹² When you work the ground, it will no longer yield its crops for you. You will be a restless wanderer

on the earth."¹³ Cain said to the Lord, "My punishment is more than I can bear.¹⁴ Today you are driving me from the land, and I will be hidden from your presence; I will be a restless wanderer on the earth, and whoever finds me will kill me."¹⁵ But the Lord said to him, "Not so; if anyone kills Cain, he will suffer vengeance seven times over." Then the Lord put a mark on Cain so that no one who found him would kill him.¹⁶ So Cain went out from the Lord's presence and lived in the land of Nod, east of Eden.

¹⁷ Cain lay with his wife, and she became pregnant and gave birth to Enoch. Cain was then building a city, and he named it after his son Enoch.¹⁸ To Enoch was born Irad, and Irad was the father of Mehujael, and Mehujael was the father of Methushael, and Methushael was the father of Lamech.¹⁹ Lamech married two women, one named Adah and the other Zillah.²⁰ Adah gave birth to Jubal; he was the father of those who live in tents and raise livestock.²¹ His brother's name was Jubal; he was the father of all who play the harp and flute.²² Zillah also had a son, Tubal-Cain, who forged all kinds of tools out of bronze and iron. Tubal-Cain's sister was Naamah.²³ Lamech said to his wives, "Adah and Zillah, listen to me; wives of Lamech, hear my words. I have killed a man for wounding me, a young man for injuring me.²⁴ If Cain is avenged seven times, then Lamech seventy-seven times."²⁵ Adam lay with his wife again, and she gave birth to a son and named him Seth, saying, "God has granted me another child in place of Abel, since Cain killed him."²⁶ Seth also had a son, and he named him Enosh. At that time men began to call on the name of the LORD.

- 1 We are our brothers keeper
- 2 We live with purpose
- 3 The naming rights belong to Jesus
- 4 We learn to love one woman
- 5 We keep applying the gospel