



## MAKING SENSE OF YOUR PAST PRESENT & FUTURE

Moses prayed, 'Teach us to number our days, that we may gain a heart of wisdom.' (Psalm 90:12) We believe we're made for more than just getting through life. How do we wisely steward our one life – our past, present and future – so that our numbered days count for Christ in this life?

***Teach us to number our days, that we may gain a heart of wisdom. Psalm 90:12 NIV***

***Teach us to realise the brevity of life, so that we may grow in wisdom. Psalm 90:12 NLT***

### #1 Be GRATEFUL (for the past)

*Give us gladness in proportion to our former misery! Replace the evil years with good. (Psalm 90:15, NLT)*

### #2 Be CONTENT (in the present)

*Satisfy us each morning with Your unfailing love, so we may sing for joy to the end of our lives. (Psalm 90:14, NLT)*

### #3 Be READY (for the future)

*Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have... (1 Peter 3:15, NIV)*

## GRATEFUL - CONTENT - READY

### Questions

1. What might be the first step in coming to terms with your past?
2. What was the last thing you wholeheartedly thanked God for?
3. Are you too busy imagining / fearing the future to live content in the present?
4. How do you prepare yourself to be ready for your next God-given opportunity?