Monday - 19th February

³⁶ Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "Sit here while I go over there and pray." ³⁷ He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. ³⁸ Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me."

- Matthew 26

Is there something in your life that makes you feel "overwhelmed with sorrow"? A relationship, business, marriage, or even a situation you are aware of that someone else is going through? We want to encourage you to spend these next few weeks bringing this situation before the Father in prayer.

- Light your candle and simply present the situation to the Father.
- Make your requests know.

• Even Jesus turned to his friends in the garden of Gethsemane and said 'stay here and keep watch with me.'

Tuesday - 20th February

¹⁰ So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

- Isaiah 41

- Light your candle and present your situation to the Father.
- Ask Him to be with you, for His presence to be felt in the midst of the pain.
- Ask Him for strength, for help, for wisdom and grace.
- Ask that He would uphold you as He upheld Jesus in the garden of Gethsemane

Wednesday - 21st February

³⁹ Going a little further into Gethsemane, Jesus fell with his face to the ground and prayed, "My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will."

- Matthew 26

- Light your candle and present your situation to the Father.
- Ask your heavenly Father to deliver you.
- Tell the Father what you see, and how you would love Him to respond.
- Ask Him to show you what He sees, and how He would love you to respond.

Thursday - 22nd February

¹ Of David. Praise the LORD, my soul; all my inmost being, praise his holy name. ² Praise the LORD, my soul, and forget not all his benefits-- ³ who forgives all your sins and heals all your diseases, ⁴ who redeems your life from the pit and crowns you with love and compassion.

- Psalm 103

- Light your candle and present your situation to the Father.
- Let this be a Thankful Thursday as you take a moment to consider who He is.

e Father. nent to consider who He is.

Friday - 23rd February

⁴¹ "Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."

- Matthew 26
- Light your candle and present your situation to the Father.
- Where you are tempted to give up, ask for the Father's grace to continue.
- Where you feel your faith is weak, ask the Father to remind you of His faithfulness.
- Where you see no hope, ask the Father to fill you with His Spirit and that your strength would be renewed.

he Father. ther's grace to continue. to remind you of His faithfulness. with His Spirit and that your strength would be renewed.

Monday - 26th February

⁴⁷ While he was still speaking, Judas, one of the Twelve, arrived. With him was a large crowd armed with swords and clubs, sent from the chief priests and the elders of the people. ⁴⁸ Now the betrayer had arranged a signal with them: "The one I kiss is the man; arrest him." ⁴⁹ Going at once to Jesus, Judas said, "Greetings, Rabbi!" and kissed him. ⁵⁰ Jesus replied, "Do what you came for, friend." Then the men stepped forward, seized Jesus and arrested him.

- Matthew 26

Is there something in your life that makes you feel "betrayed"? A relationship, business associate, spouse, or even a situation you are aware of that someone else is going through? We want to encourage you to spend these next few weeks bringing this situation before the Father in prayer.

- Light your candle and simply present the situation to the Father.
- Make your requests known.
- Is there any part in this situation you need to take responsibility for?
- Anything He is calling you to repent for regarding your actions, words, feelings, lack of faith?
- Ask the Father to continue to strengthen you in the midst of the struggle.

Tuesday - 27th February

⁴ Show me, Lord, my life's end and the number of my days; let me know how fleeting my life is. ⁵ Everyone at their best is a mere breath. ⁶ We make our pile and then we leave it behind.

-Psalm 40

- Light your candle and present your situation to the Father.
- Ask your heavenly Father for His perspective on what you are facing.
- Relinquish to the Father that which is His to carry.
- Relinquish that which is part of your 'pile' that has no eternal weight but is weighing you down.
- Ask the Father to fill you with faith for that which is yours to carry.

Wednesday - 28th February

⁵⁰ Then the men stepped forward, seized Jesus and arrested him. ⁵¹ With that, one of Jesus' companions reached for his sword, drew it out and struck the servant of the high priest, cutting off his ear. ⁵² "Put your sword back in its place," Jesus said to him, "for all who draw the sword will die by the sword.

- Matthew 26

- Light your candle and present your situation to the Father.
- Ask your heavenly Father to strengthen you in the midst of your valley.
- Ask that the Father will show you where you have 'drawn your sword' in your own strength.
- As best as you know how, put your situation back in His hands.

e Father. e midst of your valley. e 'drawn your sword' in your own strengtl in His bands

Thursday - 29th February

⁹ All my longings lie open before you, Lord; my sighing is not hidden from you. ¹⁰ My heart pounds, my strength fails me; even the light has gone from my eyes. ²¹ LORD, do not forsake me; do not be far from me, my God. ²² Come quickly to help me, my Lord and my Saviour.

- Psalm 38

- Light your candle and present your situation to the Father.
- Take a moment to acknowledge God's presence in your situation.
- Thank Him for what He has done, and what He is still going to do.
- Lay your requests before your Father, the maker of heaven and earth.

e Father. n your situation. still going to do. f heaven and earth.

Friday – 1st March

⁵⁵ In that hour Jesus said to the crowd, "Am I leading a rebellion, that you have come out with swords and clubs to capture me? Every day I sat in the temple courts teaching, and you did not arrest me. ⁵⁶ But this has all taken place that the writings of the prophets might be fulfilled." Then all the disciples deserted him and fled.

- Matthew 26
- Light your candle and present your situation to the Father.
- Where you are tempted to give up, ask for the Father's grace to continue.
- Where you feel your faith is weak, ask the Father to remind you of His faithfulness.
- this point.

• Lean into Jesus with thanksgiving and praise for what He has done for you and your family in bringing you to

Monday - 4th March

⁵⁷ Those who had arrested Jesus led him away to Caiaphas the high priest, where the scribes and the elders had convened. 58 Peter was following him at a distance right to the high priest's courtyard. He went in and was sitting with the servants to see the outcome.

- Matthew 26

Is there something in your life that makes you feel afraid? A relationship, business associate, spouse, or even a situation you are aware of that someone else is going through? We want to encourage you to spend these next few weeks bringing this situation before the Father in prayer.

- Light your candle and simply present the situation to the Father.
- Make your requests known.
- Ask the Father for the faith to stand, even when it feels like things are out of your control.
- Lay before the Father any area where you feel like you have withdrawn out of fear or doubt.
- Ask the Father to continue to strengthen you in the midst of the struggle.



Tuesday - 5th March

⁵ Blessed is the one whose help is the God of Jacob, whose hope is in the Lord his God, the maker of heaven and earth, the sea and everything in them. For He remains faithful to His children forever.

- Psalm 146

- Light your candle and present your situation to the Father.
- Take time to speak out loud the hope you have in God.
- Relinquish to the Father that which is His to carry.
- Psalm 146.

• Don't tiptoe around God's promise, asking cautiously sceptical questions. Rather, plunge into the promise of



Wednesday - 6th March

⁵⁹ The chief priests and the whole Sanhedrin were looking for false testimony against Jesus so that they could put him to death, ⁶⁰ but they could not find any, even though many false witnesses came forward. ⁶² The high priest stood up and said to him, "Don't you have an answer to what these men are testifying against you? " ⁶³ But Jesus kept silent.

- Matthew 26

- Light your candle and present your situation to the Father.
- Ask your heavenly Father to strengthen your faith in who He is and what He said He would do.
- intervene where you need rescuing.
- As best as you know how, put your situation back in His hands.

Don't remain silent before the Father. Call on Him to move on your behalf, to carry you, care for you, to



Thursday - 7th March

¹ I will exalt you, my God and King, and praise your name forever and ever. ² I will praise you every day; yes, I will praise you forever. ³ Great is the LORD! He is most worthy of praise! No one can measure his greatness. ⁴ Let each generation tell its children of your mighty acts; let them proclaim your power. ⁵ I will meditate on your majestic, glorious splendour and your wonderful miracles. ¹⁴ For the LORD helps the fallen and lifts those bent beneath their loads. ¹⁵ The eyes of all look to you in hope; you provide as we have need. ²¹ So I will praise the LORD, and bless his holy name forever and ever...

- Psalm 145

Light your candle and present your situation to the Father.

Take a moment to acknowledge God's goodness over your life.

Spend time praising God through each line of this Psalm.

e Father. over your life. s Psalm.



Friday - 8th March

⁶² The Chief Priest stood up and said, "What do you have to say to these accusations?" ⁶³ Jesus kept silent. Then the Chief Priest said, "I command you by the authority of the living God to say if you are the Messiah, the Son of God." ⁶⁴ Jesus answered: "You yourself said it. And that's not all. Soon you'll see it for yourself: The Son of Man seated at the right hand of the Mighty One, Arriving on the clouds of heaven."

- Matthew 26

- Light your candle and present your situation to the Father.
- Ask your heavenly Father to let you see His faithfulness for yourself.
- Where you feel you are losing hope, ask your Father to show Himself as the Mighty One.
- and entrust your day to Him.

Take a moment to humble yourself before the Son of Man who is seated at the right hand of the Mighty One,



Monday - 11th March

²¹ "As for me, this is my covenant with them," says the LORD. "My Spirit, who is on you, will not depart from you, and my words that I have put in your mouth will always be on your lips, on the lips of your children and on the lips of their descendants--from this time on and forever," says the LORD.

- Isaiah 59

Is there something in your life that is weighing you down? A relationship, business associate, spouse, or even a situation you are aware of that someone else is going through? We want to encourage you to spend these next few weeks bringing this situation before the Father in prayer.

- Light your candle and simply present the situation to the Father.
- Make your requests known.
- Ask the Father to fill you afresh with His Holy Spirit.
- His promise is that both His Spirit and His Word will remain in you and your children.
- Ask the Father to be faithful to His promise.

Tuesday - 12th March

³¹ Then Jesus told them, "This very night you will all fall away on account of me, for it is written: " 'I will strike the shepherd, and the sheep of the flock will be scattered.³⁵ But Peter declared, "Even if I have to die with you, I will never disown you." And all the other disciples said the same. ...⁶⁹ Now Peter was sitting out in the courtyard, and a servant girl came to him. "You also were with Jesus of Galilee," she said. ⁷⁰ But he denied it before them all. "I don't know what you're talking about," he said.

- Matthew 26

- Light your candle and present your situation to the Father.
- Lay before the Father any area of your life that has been exposed through trials or troubles.
- Ways.
- Relinquish to the Father that which is His to carry and ask for strength for the new day.

• Where you have struggled to trust the Father, ask that He would renew your faith in Him, His timing and His

Wednesday - 13th March

¹ In the month of Nisan in the twentieth year of King Artaxerxes, I took wine to the king. I had not been sad in his presence before, ² so the king asked me, "Why does your face look so sad when you are not ill? This can be nothing but sadness of heart." I was very much afraid, ³ but I said to the king, "May the king live forever! Why should my face not look sad when the city where my ancestors are buried lies in ruins, and its gates have been destroyed by fire?" ⁴ The king said to me, "What is it you want?"

- Nehemiah 2

Light your candle and present your situation to the Father.
Today, the Father asks "What is it you want?"

Thursday - 14th March

⁷³ After a little while, those standing there went up to Peter and said, "Surely you are one of them; your accent gives you away." ⁷⁴ Then he began to call down curses, and he swore to them, "I don't know the man!" Immediately a rooster crowed. ⁷⁵ Then Peter remembered the word Jesus had spoken: "Before the rooster crows, you will disown me three times." And he went outside and wept bitterly.

- Matthew 26

Light your candle and present your situation to the Father.
Are there any areas in your life where you feel your actions have denied the faith you thought you had?
In humility, repent of these moments before the Father.
Ask the Father to restore to you a faith in His faithfulness.

Friday - 15th March

¹ The LORD is my shepherd, I lack nothing. ² He makes me lie down in green pastures, he leads me beside quiet waters, ³ he refreshes my soul. He guides me along the right paths for his name's sake. ⁴ Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. ⁵ You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. ⁶ Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

- Matthew 26

Light your candle and present your situation to the Father.
What in this Psalm do you need the most? Present this to your Father.
Pray through each aspect of this Psalm and let it saturate the situation you are facing.
Take the phrases or verses that stand out, and meditate on them throughout today.

Monday – 18th March

²² "What shall I do, then, with Jesus who is called the Messiah?" Pilate asked. They all answered, "Crucify him!" ²³ "Why? What crime has he committed?" asked Pilate. But they shouted all the louder, "Crucify him!" ²⁴ When Pilate saw that he was getting nowhere, but that instead an uproar was starting, he took water and washed his hands in front of the crowd. "I am innocent of this man's blood," he said. "It is your responsibility!" ²⁶ Then he released Barabbas to them. But he had Jesus flogged, and handed him over to be crucified.

- Matthew 27

Is there something in your life that is weighing you down? A relationship, business associate, spouse, sickness or even a situation you are aware of that someone else is going through? We want to encourage you to spend these next few weeks bringing this situation before the Father in prayer.

- Light your candle and simply present the situation to the Father.
- Make your requests known.
- Read through this portion of scripture again and thank your Father for giving His Son in your place.
- Take a moment to put all your sin and shame on Christ, knowing he died to pay for it all.
- Release your past and your present to your Heavenly Father.
- Surrender your pain, your battle, your valley to Him as you prepare to face a new day.

Tuesday - 19th March

²³ You are always with me; you hold me by my right hand. ²⁴ You guide me with your counsel, and afterward you will take me into glory. ²⁵ Whom have I in heaven but you? And earth has nothing I desire besides you. ²⁶ My flesh and my heart may fail, but God is the strength of my heart and my portion forever.

- Psalm 73

- Light your candle and present your situation to the Father.
- Lay before the Father any area of your life that has been exposed through trials or troubles.
- ways.
- Take a moment to ask for God's counsel for what you are facing.
- prayer.

• Where you have struggled to trust the Father, ask that He would renew your faith in Him, His timing and His

• Open up your right hand, and starting from verse 23, pray through each phrase as if the promise is waiting for

Wednesday - 20th March

²⁷ Then the governor's soldiers took Jesus into the Praetorium and gathered the whole company of soldiers around him. ²⁸ They stripped him and put a scarlet robe on him, ²⁹ and then twisted together a crown of thorns and set it on his head. They put a staff in his right hand. Then they knelt in front of him and mocked him. "Hail, king of the Jews!" they said. ³⁰ They spit on him, and took the staff and struck him on the head again and again. ³¹ After they had mocked him, they took off the robe and put his own clothes on him. Then they led him away to crucify him.

- Matthew 27

- Light your candle and present your situation to the Father.
- Read through these verses again, slowly, thanking Jesus for what He did on your behalf.
- our thoughts.

 Take the situation you are facing, and place it on Christ, surrendering humbly to the price he has paid. • Entrust what you are facing to the God of wisdom, who's ways are not our ways and who's thoughts are not

Thursday - 21st March

¹ May God arise, may his enemies be scattered; may his foes flee before him. ² May you blow them away like smoke--as wax melts before the fire, may the wicked perish before God.³ But may the righteous be glad and rejoice before God; may they be happy and joyful. ⁵ A father to the fatherless, a defender of widows, is God in his holy dwelling. ⁶ God sets the lonely in families, he leads out the prisoners with singing; but the rebellious live in a sun-scorched land.¹⁹ Praise be to the Lord, to God our Saviour, who daily bears our burdens. ³⁵ You, God, are awesome in your sanctuary; the God of Israel gives power and strength to his people. Praise be to God!

- Psalm 68

Light your candle and present your situation to the Father.

Praise through each line of this Psalm and let today be a Thankful Thursday.

Friday - 22nd March

³² As they were going out, they met a man from Cyrene, named Simon, and they forced him to carry the cross. ³³ They came to a place called Golgotha (which means "the place of the skull"). ³⁴ There they offered Jesus wine to drink, mixed with gall; but after tasting it, he refused to drink it. ³⁵ When they had crucified him, they divided up his clothes by casting lots. ³⁶ And sitting down, they kept watch over him there. ³⁷ Above his head they placed the written charge against him: this is Jesus, the king of the jews.

- Matthew 27

- Light your candle and present your situation to the Father.
- Where you have taken back what was paid for on the cross, surrender it again to your Father.
- Tell the Father what it means to you to have His Son die in your place.
- for you.

Take your thanksgiving into your day, choose a playlist you can worship to and celebrate what God has done

Monday - 25th March

⁹ Lord, my every desire is before you; my sighing is not hidden from you. ¹⁰ My heart pounds, my strength fails me; even the light has gone from my eyes. ¹² Those who want to destroy me set their traps, those who would harm me talk of my ruin; all day long they scheme and lie. ¹⁵ LORD, I wait for you; you will answer, Lord my God.¹⁷ For I am about to fall, and my pain is ever with me.²¹ LORD, do not forsake me; do not be far from me, my God.²² Come quickly to help me, my Lord and my Saviour.

- Psalm 38

Is there something in your life that is weighing you down? A relationship, business associate, spouse, sickness or even a situation you are aware of that someone else is going through? We want to encourage you to spend this week bringing this situation before the Father in prayer.

- Light your candle and simply present the situation to the Father.
- Lay your every desire before the Lord and ask for His wisdom, counsel and guidance.
- If there are enemies wanting to harm you or bring you to ruin, bring them before the Father too.
- Ask the Lord to rescue, deliver and restore.
- As best as you know how, leave the situation in His hands.



Tuesday - 26th March

⁵ He was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed. ⁶ We all, like sheep, have gone astray, each of us has turned to our own way; and the LORD has laid on him the iniquity of us all.

- Isaiah 53

- Light your candle and present your situation to the Father.
- If you need healing, ask that by His wounds you would be made whole.
- Allow the Father to shepherd your wandering heart and rest in the assurance of His love for you.

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• Lay all your hurt and pain at the Father's feet and ask that He give you peace in the midst of the storm.

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Wednesday - 27th March

⁷ The instruction of the LORD is perfect, refreshing the soul. The statutes of the LORD are trustworthy, making wise the simple.⁸ The precepts of the LORD are right, giving joy to the heart. The commands of the LORD are radiant, giving light to the eyes. ¹⁰ They are more precious than gold, than much pure gold; they are sweeter than honey, than honey from the honeycomb. ¹¹ By them your servant is warned; in keeping them there is great reward.

- Psalm 19

- Light your candle and present your situation to the Father.
- Ask the Father for His instruction regarding your needs.
- Ask that He would give His wisdom in areas where you find yourself to be simple.
- Ask that your heavenly Father would shed light on what you are going through and give you peace.
- Ask that if there is anything on His heart for you that He would warn you, guard you and guide you today.

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Thursday - 28th March

⁴⁵ From noon until three in the afternoon darkness came over all the land. ⁴⁶ About three in the afternoon Jesus cried out in a loud voice, "Eli, Eli, lema sabachthani?" (which means "My God, my God, why have you forsaken me?"). ⁵⁰ And when Jesus had cried out again in a loud voice, he gave up his spirit. ⁵¹ At that moment the curtain of the temple was torn in two from top to bottom. The earth shook, the rocks split ⁵² and the tombs broke open. When the centurion and those with him who were guarding Jesus saw the earthquake and all that had happened, they were terrified, and exclaimed, "Surely he was the Son of God!"

- Matthew 27
- Light your candle and present your situation to the Father.
- your Father.
- Lay all your troubles at His feet and receive His warm embrace.
- Ready your heart and home for the coming King, because this is the day for celebration!

• Take advantage of the fact that the curtain of the temple has been torn in two and press in to the presence of

Take a moment and humble yourself before the Son of God and make much of what He has done for you.

